



MP UNIVERSITY

FROM DISCOVERY TO REALIZATION





OUR PATHWAYS

Vocation

Volunteerism

Leadership and Advocacy

Continued Education



INDIVIDUALIZED DISCOVERY

All of our MPU pathways begin with the ***Individualized Discovery course***. In this class our students have the opportunity to learn about all four pathways both on and off campus. Our certified instructor takes the group into the community once a week for community exploration.



INDIVIDUALIZED DISCOVERY

Below are just a few of the hands-on and creative ways our Individualized Discovery students have explored our four pathways

- Guest speakers to highlight advocacy opportunities
- Site visits to see opportunities in person
 - Non-profit working horse ranch
 - Competitive employers such as Game Stop and a local bakery
 - The Access office at Collin College



VOCATIONAL ADJUSTMENT TRAINING

- We offer Vocational Adjustment Training courses taught by a state certified instructor and aligned with the Texas Workforce Commission curriculum. This is available to students who qualify for services through the Texas Workforce Commission. We will begin to offer VAT modules at a private pay rate in the fall of 2017.
- VAT is now a Monday through Friday, 2:30 to 5:00 class



VOCATIONAL ADJUSTMENT TRAINING

- In addition to challenging and engaging classroom lessons, the VAT students participate in real-world learning experiences such as:
 - Site visits to explore vocational opportunities and learn skills with hands-on activities
 - Staybridge Suites
 - Wells Fargo
 - Workforce Solutions for North Central Texas
 - On campus activities to teach real world applications of skills
 - Professional communication
 - Identification of needed accommodations
 - Benefits and payroll training
 - Budgeting and money management



JOB SITE INSTRUCTION

- Our students attending the off-site training locations focus on independence and initiative at Michael's, Hyatt, and Sunrise Independent Living Center. Using instructional strategies such as backward chaining, direct instruction, and task analysis, our certified job coach instructor helps his students master important vocational skills in an authentic setting!



SUPPORTED EMPLOYMENT

- The program's full-time Supported Employment Specialist works with our students to initiate and complete employment cases with Texas Workforce Commission. She helps HIPsters find and succeed in competitive employment placements!



VOLUNTEERISM

If a HIPster decides he wants to be a volunteer, he might still participate in one of our on or off-site job skills courses to learn the work skills needed to be successful.



LEADERSHIP AND ADVOCACY

A HIPster who decides to become a leader and an advocate can join our ***HEAT Program*** (Helping, Exploring, Achieving, and Teaching). In this program, the student becomes the teacher. HEAT members teach lessons to high school students and other HIPsters who are transitioning into My Possibilities. They will also look into joining advocacy and public speaking groups to teach others about themselves and their passions.



CONTINUING EDUCATION

We are here to support HIPsters who want to take college and vocational classes. Some students may be interested in taking an online course with support here on the My Possibilities campus. Other students may want to explore supported classes through local colleges. We will work with each student to determine the best way to help him succeed in the continued education field of his choice.



360 ASSESSMENT

At the end of each semester, our instructors give students and families a “snapshot” of individual strengths and areas for growth using our 360 Assessment. This helps us determine how best to move forward and help each student achieve his or her personal, professional goals.



CULINARY

Some MPU students will have the opportunity to work on practical skills in a professional kitchen. If they decide that food service is the path for them, we offer Food Handler Certification training and testing.



ENVIRONMENTAL SERVICES

In addition to our Job Skills Instruction class, we are offering on and off-site Environmental Services instruction with a TWC certified Job Coach.



IMPORTANT REQUIREMENTS

Because MPU has a rigorous curriculum that builds upon itself over the course of the semester, all students are required to attend Monday through Thursday. This does not include members of the culinary, custodial, or working artist teams.

Because all My Possibilities HIPsters who attend *any* program must stay for the duration of the session, **MPU students (except for VAT students) must arrive by 2:00 and can be picked up between 5:45 and 6:00.**



PROGRAM REQUIREMENTS

Because MPU is a professional program we ask that all students dress professionally. Business casual attire is fine.

We also remind everyone that attendance is mandatory **except if a student is ill**. Please keep a sick student home and send a note upon his or her return.



APPLICATIONS

Paper applications are no longer accepted. Our online forms can be found at:

Mypossibilities.org
Academics
University



ACTIVE LEARNING





MOVING FORWARD

My Possibilities University is a goal-focused, data-driven program. We are excited to work with you and your family to help our HIPsters with professional aspirations achieve their goals! Please send any questions to mfogarty@mptx.org