



MProve Coaching

Improving the community, one independent HIPster at a time

What is Mprove Coaching?

MProve Coaching provides an individualized approach that aims to increase a HIPster's access within their home and community. MProve is a transitional program within the Residential community development and is designed to be the starting and launching point for those seeking to increase their independence within their current home or in a new place apart from their families.

VIRTUAL MProve (\$25/hour)

Virtual MProve is coaching that works with HIPsters online to develop a variety of skills such as:

- Appropriate conversation topics
- Asking/answering questions
- Following instructions
- Clerical skills (typing, data entry, verification)
- Conversation building skills
- Online etiquette and security (public vs. private information, how to talk to others online)
- Using a phone
- Etc.

Coaching can take place through Zoom, Teams or by phone (working on telephone skills). Sessions are 60 minutes at minimum and can occur every morning or afternoon, multiple times a week, or as the HIPster needs. If coaching online, a meeting invite is created for the days they will attend.

COMMUNITY MProve (\$45-60/hour)

MProve Independence works with HIPsters within the program, at home, and in the community to develop necessary skills for independence.

- Navigating transportation
- Following routines
- Appropriate social communication
- Soft skills for pre-employment
- Money/finances
- Etc.

MProve in-home and in the community seeks to improve a HIPster's ability to engage in the everyday tasks that are expected of someone living alone or with others. We look at the social aspect of training which includes meeting with peer groups and modeling healthy relationships and communication.

Virtual Services	\$25/hour
In-home/Community Services 2-4 hours scheduled, billable hours per week	\$60/hour
In-home/Community Services 5+ hours scheduled, billable hours per week	\$45/hour

To fill out our interest form, visit
bit.ly/MProveCoaching

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